

# Continuous Quality Improvement Toolkit

A Resource for Maternal, Infant, and Early Childhood Home Visiting Program Awardees

## Module 5: PDSA Cycle Worksheet

### PLAN

#### AIM STATEMENT

Remember: Aim statements are SMART (Specific, Measurable, Attainable, Relevant, and Time-bound).

#### DESCRIBE YOUR FIRST (OR NEXT) CHANGE STRATEGY.

PERSON  
RESPONSIBLE

WHEN

WHERE

Remember: Change strategies are small, focused, and work toward achieving the aim statement.

#### LIST TASKS NEEDED TO SET UP THIS CHANGE STRATEGY.

PERSON  
RESPONSIBLE

WHEN

WHERE

1.

2.

3.

4.

5.

**PREDICT WHAT WILL HAPPEN WHEN THE CHANGE STRATEGY IS TESTED.**

**MEASURES USED TO DETERMINE IF PREDICTION SUCCEEDS.**

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## DO

**DESCRIBE WHAT HAPPENED WHEN YOU TESTED THE CHANGE STRATEGY.**

**What did you observe? Include reactions to the test of change.**

**WAS THE CHANGE STRATEGY CARRIED OUT AS PLANNED?**

Yes

No

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## STUDY

**DESCRIBE THE MEASURED RESULTS.**

**DID THE RESULTS MATCH YOUR PREDICTION?**

Yes

No

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## ACT

**DESCRIBE WHAT STEPS WILL BE TAKEN FOR THE NEXT CYCLE.**

**Based on your decision to adapt, adopt, or abandon, what do you need to do to prepare for your next change strategy?**

**WILL YOU ADAPT, ADOPT, OR ABANDON THE CHANGE STRATEGY?**

**Do you want to implement, modify, or stop testing and use the change strategy?**

Adapt

Adopt

Abandon

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