



Supporting and Strengthening
the Home Visiting Workforce

Announcing the Supervisor Practices in Reflective Supervision–Home Visiting (SuPRS–HV) Measure

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The SAS-HV team is pleased to announce the SuPRS–HV, a new measure of reflective supervision in home visiting. SuPRS–HV is based on a multiyear study and active engagement with home visitors, home visiting supervisors, model representatives, researchers, and evaluators. The SuPRS–HV will help build evidence for reflective supervision and inform practice.

Download the self-report measure and learn more about its use.

[Download the measure](#)

[Download the manual](#)

[Watch the video](#)

SuPRS–HV measures *both* the content discussed and the specific reflective supervision practices used during a single reflective supervision session. Questions focus on content discussed during reflective supervision sessions with home visitors (11 items) and practices used by supervisors (26 items) across five subscales: **Responsiveness, Collaborative Capacity Building, Unconditional Positive Regard, Promoting Awareness of Self and Others, and Supportive Feedback.** The measure takes about 10–15 minutes to complete.

Supervisors can use the SuPRS–HV to—

- ▶ Prepare for and document reflective supervision sessions.
- ▶ Identify potential strategies and techniques to use during reflective supervision sessions.
- ▶ Assess supervision practices to inform practice improvement.

Researchers and evaluators can use the SuPRS–HV to—

- ▶ Assess whether supervisory practices are associated with intended outcomes.
- ▶ Assess how reflective supervision supports home visitor and program outcomes.
- ▶ Investigate changes in reflective supervision practices in response to training.

“This is a very interesting measure, and the questions really allowed me to reflect on what I did or didn’t touch on or do in my supervision session. I enjoyed this!”

—Test participant

The measure was developed by James Bell Associates, Johns Hopkins University, and the Colorado School of Public Health on behalf of the Office of Planning, Research, and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services, under contract number HHSP-2332-01-5001-33I. Visit www.acf.hhs.gov/opre for more information.